

**STRESUL ÎN RÂNDUL STUDENȚILOR.
STUDIU DE CAZ: FACULTATEA DE INGINERIE,
SIBIU, ROMÂNIA**

**STRESS IN COLLEGE STUDENTS.
CASE STUDY: FACULTY OF ENGINEERING,
SIBIU, ROMANIA**

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Abstract: The scope of this paper is to increase the awareness and understanding of teachers, students, employers and parents about the possible negative consequences of stress. University, through its managers, is required to prevent and address workplace stress using risk management tools offered by legal framework or quality management tools. In applying any tool that the university management approves it is important to address the causes of stress focus on the staff members and on students' ecological system.

Keywords: Stress, Fishbone analysis, Management