

CONSIDERAȚII PRIVIND INTELIGENȚA EMOȚIONALĂ ȘI STRESUL OCUPAȚIONAL ÎNTR-O COMPANIE PRODUCĂTOARE DE ÎNCĂLȚĂMINTE

CONSIDERATIONS ON EMOTIONAL INTELLIGENCE AND OCCUPATIONAL STRESS IN A FOOTWEAR PRODUCING COMPANY

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Abstract: The formation of emotional intelligence is to a large extent influenced by the learned automatisms, based on emotional patterns, from family or school. Emotional intelligence has an adaptive character, ensuring the survival of the person. The purpose of this work is to study the relationship between emotional intelligence and organizational stress in a leather-footwear producing company. The research confirmed inversely proportional relationship between the level of emotional intelligence and predisposition to stress.

Keywords: emotional intelligence, occupational stress, organizational psychology.